



Why We Philosophize

William James

What is the task which philosophers set themselves to perform; and why do they philosophize at all? Almost every one will immediately reply: They desire to attain a conception of the frame of things which shall on the whole be more rational than that somewhat chaotic view which every one by nature carries about with him under his hat. But suppose this rational conception attained, how is the philosopher to recognize it for what it is, and not let it slip through ignorance? The only answer can be that he will recognize its rationality as he recognizes everything else, by certain subjective marks with which it affects him. When he gets the marks, he may know that he has got the rationality.

What, then, are the marks? A strong feeling of ease, peace, rest, is one of them. The transition from a state of puzzle and perplexity to rational comprehension is full of lively relief and pleasure.

But this relief seems to be a negative rather than a positive character. Shall we then say that the feeling of rationality is constituted merely by the absence of any feeling of irrationality? I think there are very good grounds for upholding such a view. All feeling whatever, in the light of certain recent psychological speculations, seems to depend for its physical condition not on simple discharge of nerve-currents, but on their discharge under arrest, impediment, or resistance. Just as we feel no particular pleasure when we breathe freely, but a very intense feeling of distress when the respiratory motions are prevented,--so any unobstructed tendency to action discharges itself without the production of much cogitative accompaniment, and any perfectly fluent course of thought awakens but little feeling; but when the movement is inhibited, or when the thought meets with difficulties, we experience distress. It is only when the distress is upon us that we can be said to strive, to crave, or to aspire. When enjoying plenary freedom either in the way of motion or of thought, we are in a sort of anaesthetic state in which we might say with Walt Whitman, if we cared to say anything about ourselves at such times, "I am sufficient as I am." This feeling of the sufficiency of the present moment, of its absoluteness,--this absence of all need to explain it, account for it, or justify it,--is what I call the Sentiment of Rationality. As soon, in short, as we are enabled from any cause whatever to think with perfect fluency, the thing we think of seems to us *pro tanto rational*.

Whatever modes of conceiving the cosmos facilitate this fluency, produce the sentiment of rationality. Conceived in such modes, being vouches for itself and needs no further philosophic formulation....

To sum up: No philosophy will permanently be deemed rational by all men which (in addition to meeting logical demands) does not to some degree pretend to determine

expectancy, and in a still greater degree make a direct appeal to all those powers of our nature which we hold in highest esteem. Faith, being one of these powers, will always remain a factor not to be banished from philosophic constructions, the more so since in many ways it brings forth its own verification. In these points, then, it is hopeless to look for literal agreement among mankind.

The ultimate philosophy, we may therefore conclude, must not be too strait-laced in form, must not in all its parts divide heresy from orthodoxy by too sharp a line. There must be left over and above the propositions to be subscribed, *ubique, semper, et ab omnibus*, another realm into which the stifled soul may escape from pedantic scruples and indulge its own faith at its own risks; and all that can here be done will be to mark out distinctly the questions which fall within faith's sphere.

William James. *The Will to Believe*. New York: Longmans, Green, and Co., 1920.

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