



On Friendship Marcus Tullius Cicero

What is Friendship?

I must at the very beginning lay down this principle—*friendship can only exist between good men....*

We mean then by the “good” *those whose actions and lives leave no question as to their honor, purity, equity, and liberality; who are free from greed, lust, and violence; and who have the courage of their conviction.* The men I have just named may serve as examples. Such men as these being generally accounted “good,” let us agree to call them so, on the ground that to the best of human ability they follow nature as the most perfect guide to a good life.

Now this truth seems clear to me, that nature has so formed us that a certain tie unites us all, but that this tie becomes stronger from proximity. So it is that fellow-citizens are preferred in our affections to foreigners, relations to strangers; for in their case Nature herself has caused a kind of friendship to exist, though it is one which lacks some of the elements of permanence. Friendship excels relationship in this, that whereas you may eliminate affection from relationship, you cannot do so from friendship. Without it, relationship still exists in name, friendship does not .

You may best understand this friendship by considering that, whereas nature has established social contact between countless numbers of men, friendship is so concentrated and restricted a thing that it is shared by no more than a handful of individuals.

Now friendship may be thus defined: *a complete accord on all subjects human and Divine, joined with mutual good will and affection.* And with the exception of wisdom, I am inclined to think nothing better than this has been given to man by the immortal gods. There are people who give the palm to riches or to good health, or to power and office, many even to sensual pleasures. This last is the ideal brute beasts; and of the others we may say that they are frail and uncertain, and depend less on our own prudence than on the caprice of fortune. Then there are those who find the “chief good” in virtue. Well, that is a noble doctrine. But the very virtue they talk of is the parent and preserver of friendship, and without it friendship cannot possibly exist....

Well, between men like these the advantages of friendship are almost more than I can say. To begin with, how can life be worth living, to use the words of Ennius, which lacks the repose which is to be found in the mutual good will of a friend? What can be more delightful than to have some one to whom you can say everything with the same absolute confidence as to yourself? Is not prosperity robbed of half its value if you have no one to share your joy? On the other hand, misfortunes would be hard to bear if there were not someone to feel them even more acutely than yourself.

The Benefits of Friendship

In a word, other objects of ambition serve for particular ends—riches for use, power for securing homage, office for reputation, pleasure for enjoyment, health for freedom from pain and the full use of the functions of the body. But friendship embraces innumerable advantages. Turn which way you please, you will find it at hand. It is everywhere; and yet never out of place, never unwelcome. Fire and water themselves, to use a common expression, are not of more universal use than friendship. I am not speaking of the common or modified form of it, though even that is a source of pleasure and profit, but of that true and complete friendship which existed between the selected few who are known to fame. Such friendship enhances prosperity, and relieves adversity of its burden by halving and sharing it.

And great and numerous as are the blessing of friendship, this certainly is the sovereign one, that it gives us bright hopes for the future and forbids weakness and despair. *In the face of a true friend a man sees as it were a second self.* So that where his friend is, he is; and in his friend's life he enjoys a second life after his own is finished. This last is perhaps the most difficult to conceive. But such is the effect of the respect, the loving remembrance, and the regret of friends which follow us to the grave. While they take the sting out of death, they add a glory to the life of the survivors. Nay, if you eliminate from nature the tie of affection, there will be an end of house and city, nor will so much as the cultivation of the soil be left. If you don't see the virtue of friendship and harmony, you may learn it by observing the effects of quarrels and feuds. Was any family ever so well established, any State so firmly settled, as to be beyond the reach of utter destruction from animosities and factions? This may teach you the immense advantage of friendship.

Ending Friendships

Again, there is such a disaster, so to speak, as having to break off friendship. And sometimes it is one we cannot avoid. For at this point the stream of our discourse is leaving the intimacies of the wise and touching on the friendship of ordinary people. It will happen at times that an outbreak of vicious conduct affects either a man's friends themselves or strangers, yet the discredit falls on the friends. In such cases friendships should be allowed to die out gradually by an intermission of intercourse. They should, as I have been told that Cato used to say, rather be unstitched than torn in two; unless, indeed, the injurious conduct be of so violent and outrageous a nature as to make an instant breach and separation the only possible course consistent with honour and rectitude. Again, if a change in character and aim takes place, as often happens, or if party politics produces an alienation of feeling (I am now speaking, as I said a short time ago, of ordinary friendships, not of those of the wise), we shall have to be on our guard against appearing to embark upon active enmity while we only mean to resign a friendship. For there can be nothing more discreditable than to be at open war with a man with whom you have been intimate....

Our first object, then, should be to prevent a breach; our second, to secure that, if it does occur, our friendship should seem to have died a natural rather than a violent death. Next, we should take care that friendship is not converted into active hostility, from which flow personal quarrels, abusive language, and angry recriminations. These last, however, provided that they do not pass all reasonable limits of forbearance, we ought to put up with, and, in compliment to an old friendship, allow the party that inflicts the injury, not the one that submits to it, to be in the wrong. Generally speaking, there is but one way to foresee and guard oneself against

faults and inconveniences of this sort—not to be too hasty in bestowing our affection, and not to bestow it at all on unworthy objects.

Correcting Our Friends

If we [must] criticize [our friends], it should be without bitterness; if we reprove, there should be no word of insult. In the matter of compliance...though there should be every courtesy, yet that base kind which assists a man in vice should be far from us, for it is unworthy of a free-born man, to say nothing of a friend. It is one thing to live with a tyrant, another with a friend. But if a man's ears are so closed to plain speaking that he cannot bear to hear the truth from a friend, we may give him up in despair. This remark of Cato's, as so many of his did, shows great acuteness: "There are people who owe more to bitter enemies than to apparently pleasant friends: the former often speak the truth, the latter never." Besides, it is a strange paradox that the recipients of advice should feel no annoyance where they ought to feel it, and yet feel so much where they ought not. They are not at all vexed at having committed a fault, but very angry at being reproved for it. On the contrary, they ought to be grieved at the crime and glad of the correction.

Well then, if it is true that to give and receive advice—the former with freedom and yet without bitterness, the latter with patience and without irritation—is peculiarly appropriate to genuine friendship, it is no less true that there can be nothing more utterly subversive of friendship than flattery, adulation, and base compliance. I use as many terms as possible to brand this vice of light-minded, untrustworthy men, whose sole object in speaking is to please without any regard to truth. In everything false pretense is bad, for it suspends and vitiates our power of discerning the truth. But to nothing is it so hostile as to friendship; for it destroys that frankness without which friendship is an empty name. For the essence of friendship being that two minds become as one, how can that ever take place if the mind of each of the separate parties to it is not single and uniform, but variable, changeable, and complex?...

Cicero. *On Friendship*. Trans. E.S. Shuckburg. New York: P.F. Collier and Son, 1909.

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